



BEGINNER CLASS INFORMATION

***** ALL GROUP CLASSES ARE HELD OUTSIDE *****

Beginner students may join on a rolling basis. We offer Saber and Foil classes.

Contact Coach John at john.m.friedberg@gmail.com or (732) 539-7446 for info prior to starting

Beginner Saber classes will be held as follows:

Beginner/Emerging (ages 12 and under):

Mondays (5:55-7:05p)
Thursdays (5:30-6:40p)
Saturdays (1:10-2:20p)

Beginner/Developing (ages 12+):

Mondays (8:40-9:50p)
Thursdays (8:20-9:30p)
Saturdays (2:30-3:40p)

Fencers may attend any or all classes. As long as the class is on the schedule (posted on my website) it will be held. Fencers should plan to attend first level class for about 6-12 months. More frequent attendance will speed up advancement to higher level classes.

What to Wear:

Shorts or loosely fitting athletic sweat pants (no jeans), T-shirt, **clean gym shoes tied tightly.**

Where to go:

Fencing Club of Mercer County is located at 1274 Rte 130 South, Windors NJ 08561. Between Church St, & Meadowbrook. Entrances is after the "Colonial Motel" sign & before "Puppy Palace". Find link to google maps on my website.

Equipment:

All needed equipment may be borrowed for free. Each student will have designated equipment that only they use.

Class fees:

We offer a Groupon rate of \$20 for the first 3 classes. No need to purchase a Groupon as I will honor this price when you register. If you are interested in continuing after the first 3 classes, fees are \$20/class with no long-term commitment (cash preferred, no cards).

US Fencing Association Membership

For Insurance purposes, all participants are required to join US Fencing. Membership is valid through 7/31/21. Non-competitive membership is only \$10. Please sign up online prior to class. Here is the link: <http://www.usfencing.org/page/show/698114-individual-memberships>